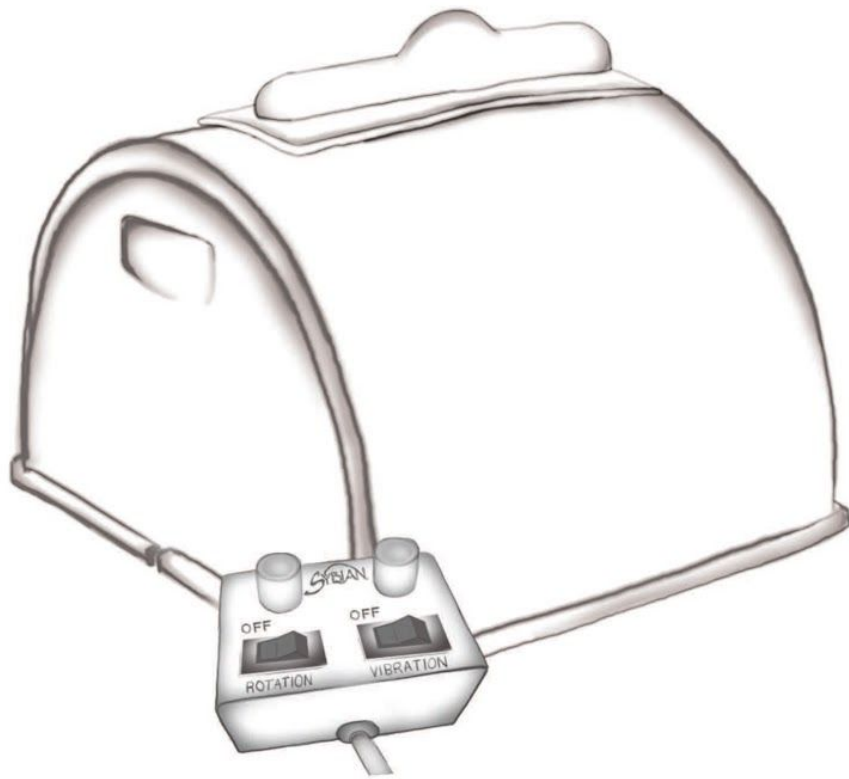


# SYBIAN<sup>®</sup>



A Guide to  
Customizing Your Orgasm

***Every woman will have a unique response to Sybian. Some will be able to “get on and go,” while others will need to follow the steps below. Begin gradually and take time to become comfortable with Sybian. Initially, we recommend that women experience Sybian in private, without a partner.***

## **Beginning Steps**

It's best to use the Sybian on a soft, comfortable surface, such as your bed with pillows available to support you. If a bed is not available, another carpeted or well-padded service will work, too. Once you've selected a comfortable environment, plug the Sybian into a power source.

- To familiarize yourself with the speed and rotation controls, select an insertable attachment and put a white stem or spring into the bottom of the attachment. Secure the attachment to Sybian by anchoring the front lip of the attachment under the front of the contact piece, positioning the stem/spring down into the center of the contact piece and then pulling the back of the attachment down over the back of the contact piece.
- 
- Once the attachment is properly secured, begin to familiarize yourself with the vibration and rotation speed controls. Use your hand to experience both movements as you play with the dials. Rotation and vibration can be used separately or in tandem.
- 
- Now that you're familiar with the rotation and vibration controls, remove the attachment and affix the (non-insertable) Smooth Flat Top. Add lubricant to the attachment.
- 
- Facing the end with the remote control in front of you, lower yourself so that your clitoris is in full contact with the front of the attachment. If necessary, adjust your body forward or back to ensure proper contact.
- 
- Turn on the vibration and gradually increase speed according to your needs. The amount of pressure you place against the Flat Top determines the sensation you receive. Close your eyes and concentrate on the sensations while becoming accustomed to the feel and sound of Sybian.
- 
- If you have an orgasm, prolong it for as long as possible by staying in contact with Sybian and not adjusting the controls. When you feel that you cannot continue any longer, turn off the vibration briefly, then start again. Repeat as many times as you desire. Each succeeding session can be extended further.

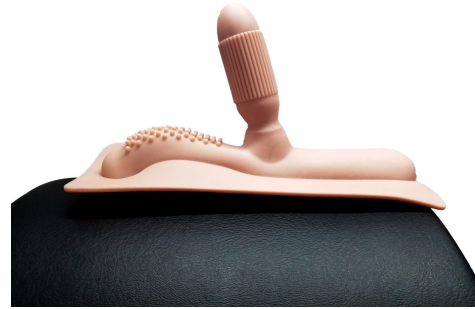
### **‘Lift’ any classic attachment for enhanced clitoral contact:**

Our bodies are not all the same. We designed the ‘Lift’ to customize the classic attachments (beige or chocolate) and to give maximum clitoral stimulation every time.

Simply slide the Lift on the contact piece and stretch your classic attachments over the lift and secure the front of the attachment under the contact piece. The Lift can be moved forward or back on the contact piece for customization.



*The Lift on the contact piece*



*Medium attachment over the Lift*

### **Insertable Attachments**

Once you are comfortable with your Sybian and the non-insertable attachment, you can move on to the insertable attachments.

Select the insertable attachment of your choice and either a spring or white stem. If you are unsure which to select, we suggest starting with a spring. The spring provides gentler stimulation, while stems provide a firmer sensation.

If you prefer, you can become accustomed to the rotation without either a spring/stem at first. This will allow the part to “float.” Without a spring/stem, no rotation will occur, but you will feel both insertion and vibration internally as vibration transfers up the attachment. When/if you feel comfortable with this method, you can then put a spring/stem into the bottom of the attachment and affix it to Sybian. The rotation can be used by itself, or you can stop the rotation at the front of the pelvic wall for maximum stimulation on your G-spot.

Turn on rotation first. Begin with a slower speed and work up to what is comfortable. Then add vibration. Hopefully you will soon have simultaneous vaginal and clitoral orgasms.

## **Once you are comfortable and responding to Sybian**

The ultimate goal when using Sybian is to have multiple vaginal and clitoral orgasms concurrently. Here are some of our suggestions/recommendations to help you achieve this.

- Throughout the session, close your eyes and put aside all outside thoughts and cares and solely concentrate on the feeling and experience.
- To receive maximum G-spot stimulation, stay fully upright when on Sybian. To receive maximum clitoral stimulation at the same time, your clitoris must be in full contact with the front of the attachment. If it is not, try using the Lift under your classic attachments.
- Vibration can be turned down and immediately back up for an effective change of pace.
- Many users experience female ejaculation (or squirting) when using Sybian. This is normal and will not harm your Sybian.
- Humping Sybian is being proactive. This movement will cause orgasms to happen more quickly, increase intensity, and cause them to last longer. Humping Sybian also increases the aerobic benefit of every session.
- Vocalizing while on Sybian is also being proactive and electrifies the atmosphere. As a bonus, it is a great turn on to a partner, if present.
- If using Sybian with a partner, sit closely with arms around each other. Let the partner control Sybian as they offer encouragement while touching and kissing. If you are both fully engaged, you can forget that the stimulation is coming from an outside source and get lost in the beautiful, sensual experience.

## **Attachments**

We have 2 lines of attachments: classic attachments in beige or chocolate and premium silicone attachments. There are no phthalates, pvc or latex in our attachments.

Sybian is fully protected against fluids when an attachment is in place.

You may warm the attachment by placing it in hot water before attaching to Sybian.

For your protection, do not share attachments. Each user should have their own.

Be generous with lubricant. We recommend using water-based lubricant. This is especially important with the silicone attachments.

The classic RealLike Covers are designed to fit over the Medium attachment. To use a cover, apply a small amount of lubricant over the Medium's ridges. Slide the cover over the attachment and push firmly. The single vertical ridge on the cover should be positioned to the backside, opposite the nipples front. It may be necessary to push on the underside where the spring/stem is inserted, to release any trapped air. If positioned correctly, there will not be a gap at the base where the two parts meet.

### **Using Sybian Without A Partner**

Having a partner is not a prerequisite for having satisfying and enjoyable orgasmic release.

We suggest using Sybian on the bed, or facing a bed, couch, chair or something similar. Your knees will be down with your feet behind you.



If it is difficult or uncomfortable to kneel, Sybian can be placed on a sturdy raised surface similar to our Storage Cabinet.

You can also use the Sybian laying down. Place the unit cord-side down on pillows to the height needed and pull the Sybian into you. You can wrap your legs around the Sybian if needed. You may need to use pillows under either your buttocks or the unit to adjust the height for comfort.

### **Using Sybian With a Partner**

Many people prefer the participation of a partner while enjoying Sybian. Couples find Sybian to be a great turn on. It can enhance your sex life in many ways and spice things up.



While one partner rides the Sybian, the other partner can sit as shown in the drawings, or stand in front or behind the rider and engage in a multitude of sexual activities.



## **Sybian as a Teaching Aid**

### **Having Orgasms**

There are several areas of the body, including the mind, that cause the response known as an orgasm.

Sybian was designed to firmly massage the front vaginal wall, or G-spot, and the clitoris simultaneously. To stimulate the G-spot, Sybian attachments are slanted slightly forward so each time it rotates, the attachment massages and vibrates across the G-spot area.

You receive the greatest amount of stimulation while sitting upright. If you lean forward, you are moving away from maximum G-spot contact.

If sitting upright causes the clitoris to lose full contact with the front area of the attachment, use the Lift to provide maximum clitoral stimulation.

Sexual response and orgasms are a learned behavior for women. For those who have yet to experience orgasm, or who infrequently do, Sybian is the ultimate teaching tool.

### **The “How-To” of Humping**

While using Sybian, women are encouraged to hump the machine, repeatedly moving their hips and pelvic area in a forward and backward motion. While humping the machine, the force of this movement should press your clitoris down and forward, grinding the clitoris into and across the front surface of the attachment or pubic mound, if in women-on-top position.

Humping Sybian and remaining upright prepares your body to have orgasms during intercourse. It will also cause orgasms to happen more quickly, be more intense and cause them to last longer.

### **Orgasms During Intercourse**

To have vaginal and clitoral orgasms during intercourse a woman must position herself so she is in full contact with her partner’s pubic mound and aggressively use the humping movement. The woman-on-top position accomplishes this.

The advantage of the woman-on-top position is that she is in control of the movement. She determines where the pressure will be, how much is applied and the frequency of the movement. When used correctly, both the clitoris and G-spot areas are massaged simultaneously.

The aggressiveness of the forward thrust will determine how hard the erect penis taps against the front wall of the vagina and stimulates the G-spot area. Once the G-spot area is developed and responds easily and multiply, it will respond to this tap and cause vaginal, whole body orgasms concurrently with the orgasms generated by grinding the clitoris across the pubic mound.

### **Important Information**

The Sybian is an electrical appliance. Please take all necessary precautions you would take with any such device.

- Do not use Sybian during an electrical storm.
- Do not use Sybian without an attachment.
- Please consult with your doctor if you have a heart condition, experience frequent medical problems, are pregnant or trying to get pregnant.
- We are unaware of any problems using Sybian with an intrauterine device or diaphragm but recommend discussing this with your doctor before use.

### **Sources of Discomfort**

- Attachment is too large
- A full bladder or colon
- Not sitting down fully onto the attachment. Sybian is designed so that the rotation takes place in the vagina. Do not raise up while the attachment is rotating.
- Sore muscles or abraded tissue. Start gradually to tone the muscles and accustom the tissue to use. Generous lubrication will help to avoid abrasions.

### **Troubleshooting**

If the motors do not turn on, make sure:

- there is electricity at the outlet,
- the power cord is pushed all the way in,
- the switches are turned on.

There is a small fuse drawer located just below where the power cord plugs into the unit. If it is blown, replace with the spare fuse in front slot

## Maintenance

### Attachments

Wash attachments with warm soapy water after each use.. If you wish to sanitize, use a body-safe disinfectant.

### Padded Cover

Wash with a soft cloth moistened with warm soapy water and wipe dry. Never immerse Sybian or wash with any harsh chemicals.

### Servicing

If for any reason Sybian is not functioning correctly, call Abco **before** returning the unit. If it is under warranty, your only cost is shipping it back. The repair center will go over it completely and replace parts as needed.

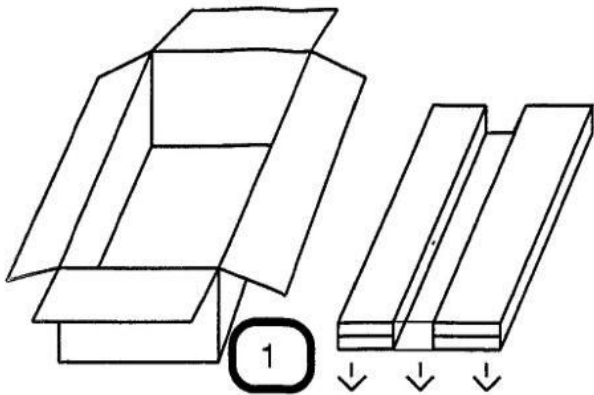
The warranty covers all working mechanical parts. See warranty for details. We suggest you save the box Sybian was shipped in.

Before returning Sybian for any reason, you **must** get a return authorization number by email or phone. You may call 800-253-6135 (USA/Canada) 217-762-2141 (international) on weekdays between 9 AM and 4 PM Central Time.

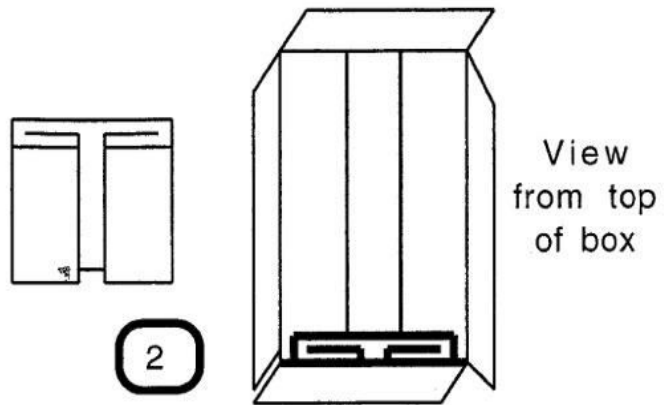
Abco Research Associates  
884 Lampert Ln  
Monticello IL 61856  
abco@sybian.com



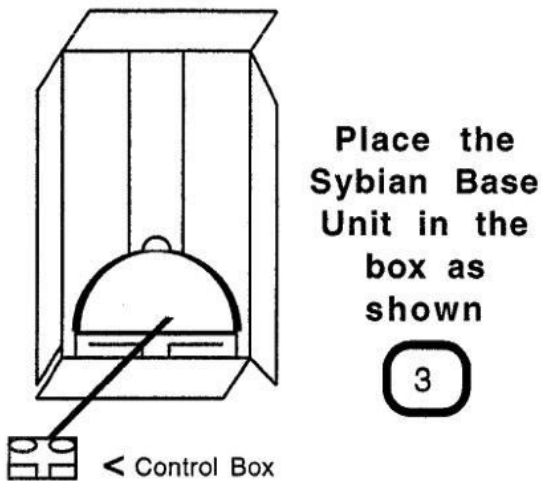
# Return Packing Instructions



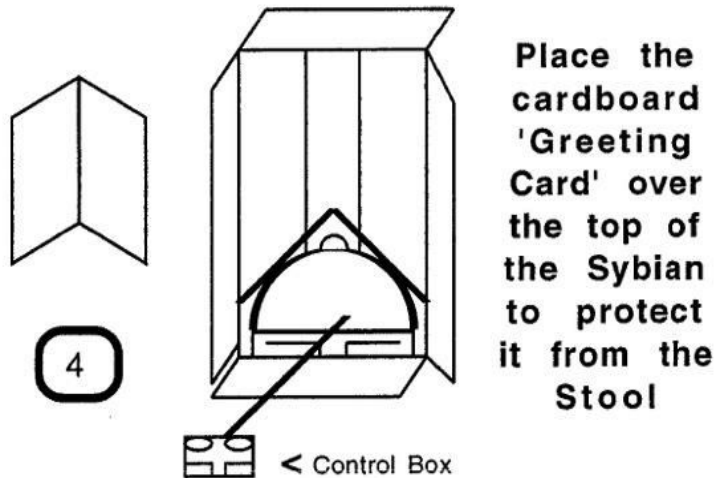
1  
Place cardboard on bottom of empty box



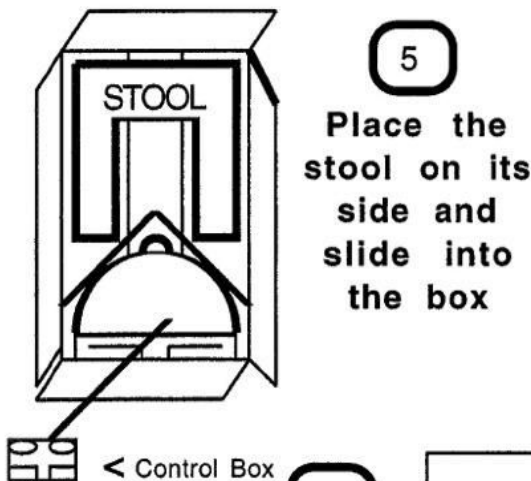
2  
Place the cardboard piece folded as shown in the box



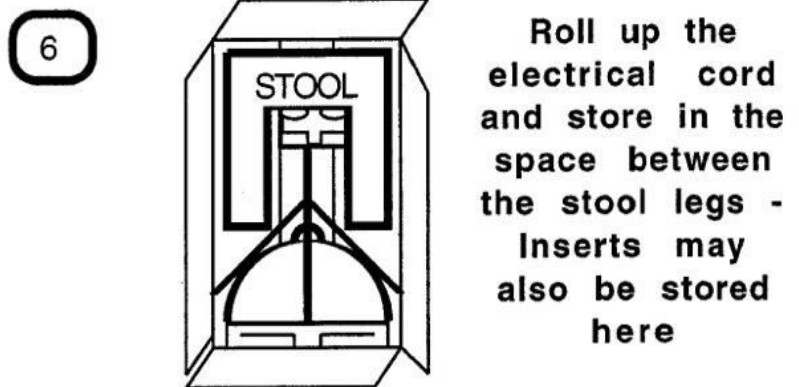
3  
Place the Sybian Base Unit in the box as shown



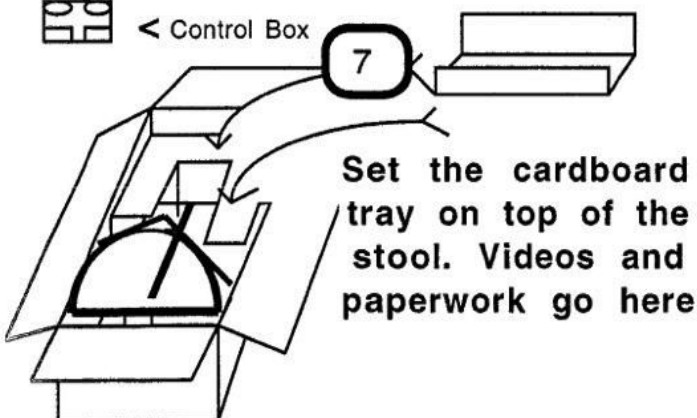
4  
Place the cardboard 'Greeting Card' over the top of the Sybian to protect it from the Stool



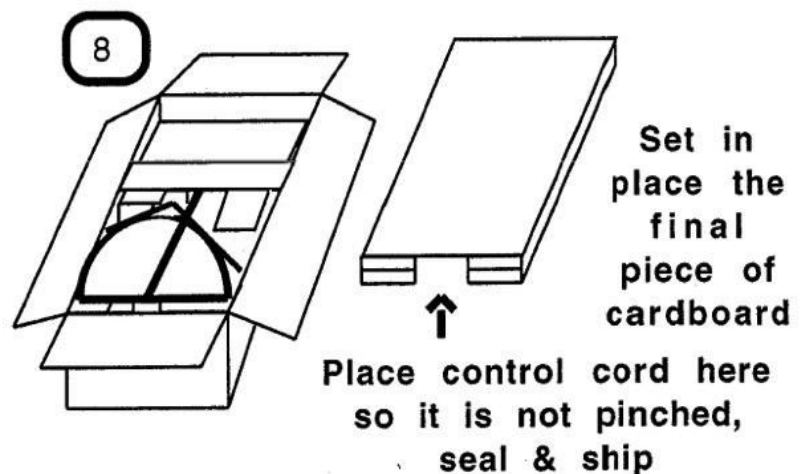
5  
Place the stool on its side and slide into the box



6  
Roll up the electrical cord and store in the space between the stool legs - Inserts may also be stored here



7  
Set the cardboard tray on top of the stool. Videos and paperwork go here



8  
Set in place the final piece of cardboard  
Place control cord here so it is not pinched, seal & ship

## SYBIAN ATTACHMENTS AND ACCESSORIES



Classic TPE in your choice of beige ● or chocolate ●

Large RealLike Cover - \$40   XLarge RealLike Cover - \$44   Jumbo RealLike Cover - \$48

Finger - \$35   Double - \$48

GMini - \$35   GMax - \$40   Medium - \$35

Nubbed Flat Top - \$35   Small - \$35   Smooth Flat Top - \$35



Premium Silicone

Orb - \$59   GWave - \$59   Triple Delight - \$59

Silky Smooth Flat Top - \$59   G-Egg - \$59   Spiral - \$59



Sybian Riser with Storage

A storage unit that accomodates Sybian and accessories.  
Also serves as a riser with two optional heights

\$365, free shipping to 48 states



Floor Mat

For use under Sybian. Naugahyde cover makes it liquid proof and absorbs vibration down to the floor.

\$99, free shipping to 48 states